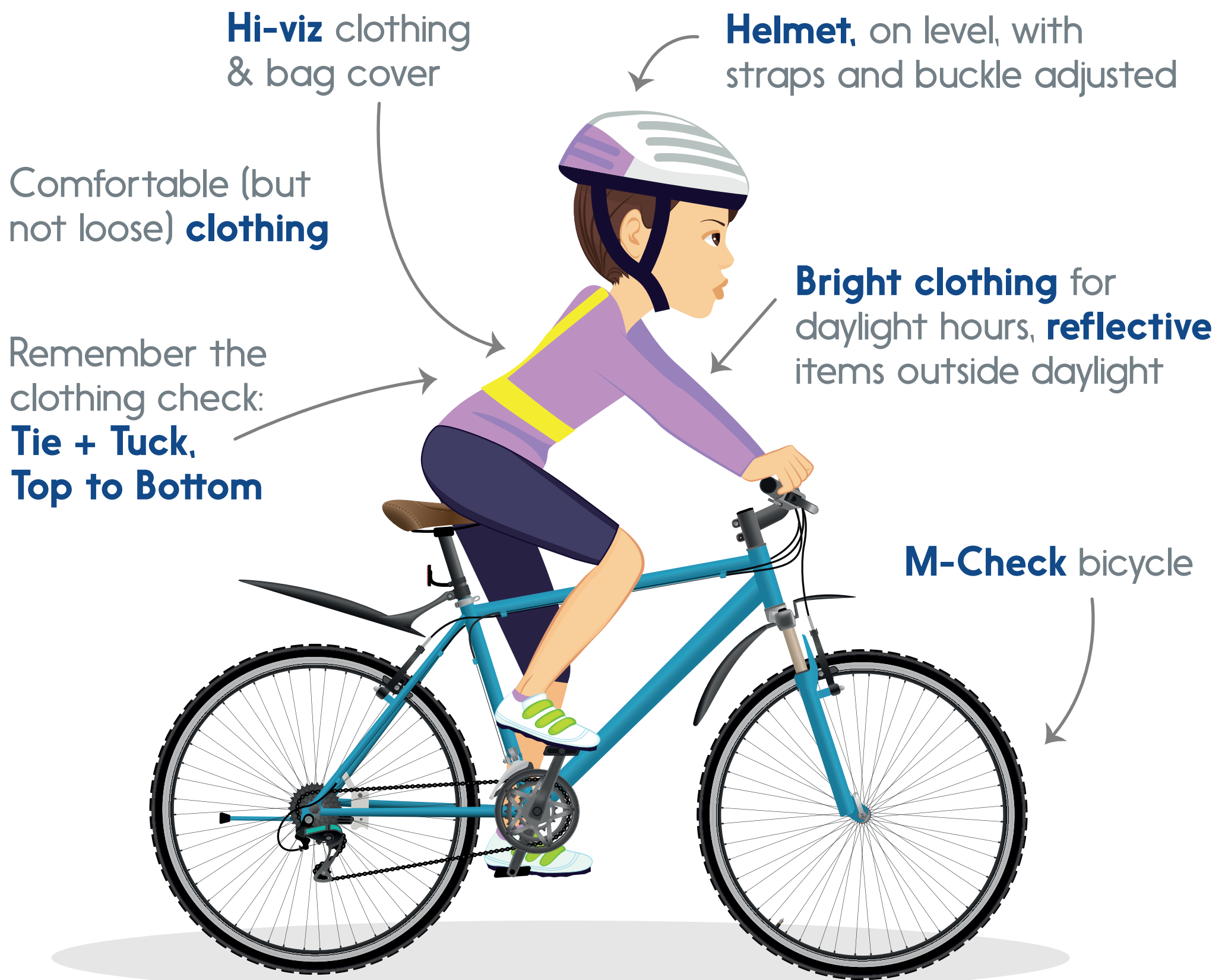




BEFORE YOU START YOUR JOURNEY



SOME ITEMS TO WATCH OUT FOR:

- Long scarves
- Hoods on coats
- Heavy backpacks/school bags
- Bag straps
- Headphones/earphones
- Shoelaces
- Heels
- Trouser bottoms

TOP TIP:

If you're going shopping, bring an empty back pack with you!